



MAKE STRONG BRANE*

Speaking a second language seems to delay the onset of dementia and Alzheimer's by an impressive *four to five years* compared to monolinguals. It's thought that the mental workout of switching between languages builds up cognitive reserve and keeps the brain in better shape.

Picking up a new language, at any age, creates new brain pathways. But if you've ever learned a new language — or tried to — you know how difficult it can be. It means memorizing a lot, and practicing a lot, and making mistakes a lot, until you've practiced every part of the grammar. You've been there. So not fun.

But you can learn Esperanto *four times faster* than other languages. Because the grammar is simple and very regular. No irregular verbs, no complicated conjugations. Learn a rule and start using it; you know you're doing it right. And it's completely phonetic — one letter, one sound. The result? You can become fluent — actually able to speak and read Esperanto — and have fun doing it. Yes, fun!

Maybe that's why *two million people* all over the world speak Esperanto.

Esperanto — the international language *that works*.

Visit: www.esperanto-usa.org

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* Yes, we really do know how to spell this.